

Perth Sports Surgery Fellowship

Skills and Goals



ORTHOPAEDIC RESEARCH FOUNDATION
WESTERN AUSTRALIA



PERTH
SPORTS SURGERY
FELLOWSHIP

Welcome to Perth. You're going to have a great time! Please assist us in making this the best possible experience for you by completing the table below. We try to tailor the fellowship to your skills and goals. There are no wrong answers-just helps us plan!

- Cases you are happy performing completely independently +/- supervising a junior (ie with me not on site)? **(label A)**
- Cases you are comfortable performing with some supervision (ie with me unscrubbed/ in another theatre)? **(label B)**
- Cases you happy performing some steps/taking the lead (but with me scrubbed +/- guiding you)? **(label C)**
- Cases/skills you have had minimal exposure to; are starting from scratch/or fairly close to it? **(label F)**
- Cases/skills are you not particularly interested in? **(label Z)**

Type of KNEE Cases/Skills:	POST Fellowship GOAL (A/B/C/F/Z)	PRE Fellowship GRADE (A/B/C/F)	POST Fellowship GRADE (A/B/C/F)
-Knee Scope		A	A
-Meniscal Repair (all inside)		C	A
-Meniscal Repair (outside in/inside out/Novostitch)		F	A
-Meniscal Root Repair		F	A
-Meniscal Transplant		F	B
-Chondral Grafting (OATS/MACI)		F	A
-Hamstring Harvest for ACL Recon		B	A
-Patella Tendon Harvest for ACL Recon		C	A
-Quads Tendon Harvest for ACL Recon		C	A
-Primary ACL Reconstruction		C	A
-Revision ACL Reconstruction		C	B
-ACL Avulsion Fixation		B	A
-PCL Reconstruction		F	B
-Multi-Ligament Knee Recon (including PLC/PMC)		C	B
-Osteotomy (HTO)		C	A
-Osteotomy (DFO)		F	A
-PFJ Recon (MPFL/TTT)		F	A
-Joint Replacement		A	A
Type of SHOULDER Cases/Skills include			
-Shoulder Scope (Lateral); establishing portals		B	A
-ASAD +/- ACJ Excision		A	A
-Open Cuff Repair		B	A
-Arthroscopic Cuff Repair		C	A
-Arthroscopic Biceps Tenodesis		C	A
-Arthroscopic Stabilisation (Anterior Bankart)		C	A
-Arthroscopic Posterior Labral/SLAP Repair		C	A
-Remplissage		F	A
-Latarjet		C	A
-AC Joint Stabilisation/Reconstruction		A	A
-Joint Replacement		C	A
Type of HIP Cases/Skills include			
-Hip Scope (Setting up)		Z	Z
-Hip Scope (Getting in the joint)		Z	Z
-Hip Scope (Capsulotomy)		Z	Z
-Hip Scope (Labral Repair)		Z	Z
-Hip Scope (Osteoplasty-Femoral/Acetabular)		Z	Z
-Hip Scope (Arthro Psoas release at LT post THR)		Z	Z
-Hip Scope (LT Osteoplasty for IFI)		Z	Z
Tendon Repair Cases			
-Proximal Hamstring Repair		F	A
-Pec Major Repair		B	A
-Distal Biceps Repair		A	A
Trauma			
-ORIF (Ankle/Distal Radius/Olecranon/Patella)		A	A
-Trauma Nails (TFNa/FRN/Tibial Nail)		A	A
-Trauma Hemiarthroplasty		A	A
-Trauma THR		Z	Z
-Trauma ORIF Distal Femur		A	A
-Trauma ORIF Proximal Humerus		A	A
-Trauma ORIF Distal Humerus		A	A
Miscellaneous			

-Carpal Tunnel	A	A
-Removal of Metal	A	A

a) What are your major goals for your 6 months with us-type/range of cases, anything specific that you want to see/do?

Trauma:

- To build proficiency in managing complex fractures in the upper limb and around the knee. These would include tibial plateau fractures, distal femoral fractures, periprosthetic fractures around TKR, proximal, diaphyseal and distal humerus fractures and terrible triad injuries.
- Early TKR for tibial plateau fractures
- Reverse shoulder arthroplasty for proximal humerus fractures
- Shoulder hemiarthroplasty in appropriate cases
- Elbow hemiarthroplasty for complex distal humerus fractures

Elective:

- Management of soft tissue shoulder and knee injuries
- RC repair / reconstruction, Anterior and posterior shoulder stabilisation, Bone block and Latarjet procedures (Open and arthroscopic)
- ACL / PCL / MPFL reconstructions
- Multi-ligament knee injuries
- Meniscal repair / transplant
- Chondral grafting

Arthroplasty will not be the main focus of my practice but I would like to aim to be proficient in primary TKR, PFJ replacements, RSR, anatomical shoulder replacements, radial head replacement and shoulder and elbow hemiarthroplasty.

Although I do not wish to perform hip arthroscopy I would like to observe some cases in order to be aware of the benefits and limitations of the procedure in order to be able to appropriately advise my patients.

b) What type of job/role are you planning on returning home to?

I will be returning to a sports surgery Consultant post with specialist interest in the shoulder and knee in Greenwich, London. My elective practice will focus on soft tissue shoulder and knee injuries combined with some HTO, DFO and arthroplasty. My trauma practice will focus on the generality of trauma with a specialist interest in complex fractures of the upper limb and around the knee.

c) Have you completed/are you planning on completing another fellowship?

I finished my Trauma & Orthopaedic training from the Percivall Pott rotation, London, UK, in October 2021 and was fortunate enough to progress directly into a Consultant post. I have taken leave from this post in order to undertake the Perth Sports Surgery Fellowship.

I have a planned visiting fellowship with Professor Roger van Riet in Belgium focusing on elbow surgery following my return from Perth. In addition, I am aiming to undertake the Watanbe visiting shoulder fellowship around the UK in early 2023. This will be dependent on the ability to gain approved leave from my Consultant post.

d) Upon return home, after undertaking the Perth Sports Fellowship, if you could say,

“I can now, which I was unable/not confident with prior”

What would it be?

e) (Post Fellowship) Please provide some feedback on the positives/negatives/suggestions for change....have you achieved your goals?

(we will also ask you to provide us with a testimonial/logbook for our records)